# Goal Setting Worksheet

**1.** What is my purpose for starting a Juice Plus+® business?

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How would *making a difference* change my life?

How would more money change my life?

**2.** When would I like to have that happen?

_____

How would more time change my life?

**3.** What are you willing to do to make that happen?

**a.** In terms of time?_____

**b.** Money (towards education, tools, etc.)?_____

**c.** Commitment?_____

_____

How many hours in a week can I carve out to begin achieving my goals?

_____

_____

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_____

What obstacles will I need to overcome?

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_____

What strengths do I bring to the table?

**4.** Where would I like to see my income in 3-5 years?_____

**5.** Based on my answers – what is my *WHY* for doing this business?_____

_____

Where will I need personal development and coaching?

*Be sure to share this worksheet with your sponsor and support team so they can support you in your goals.*